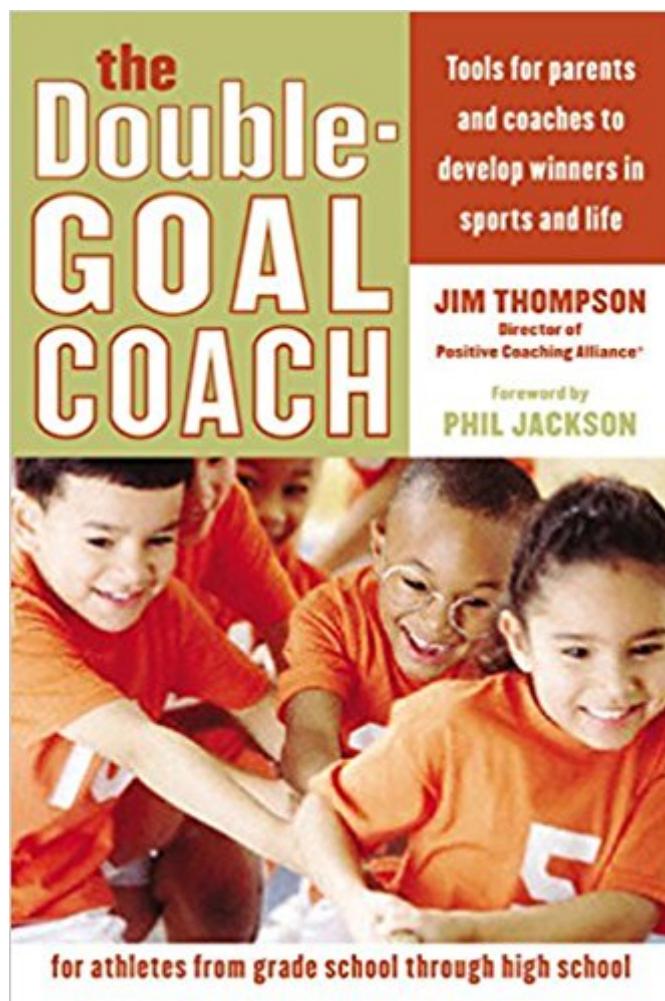


The book was found

The Double-Goal Coach: Positive Coaching Tools For Honoring The Game And Developing Winners In Sports And Life (Harperresource Book)





Synopsis

The Double-Goal Coach is filled with powerful coaching tools based on Jim Thompson's Positive Coaching Alliance. These strategies reflect the "best-practices" of elite coaches and the latest research in sports psychology. Hundreds of workshops have shaped these tools for maximum effectiveness and ease of use. The lessons and activities can be used in the very next practice to make sports fun and to get the best from players. The Double-Goal Coach provides the framework for coaches and parents to transform youth sports so sports can transform youth -- allowing young athletes to enjoy sports while learning valuable life lessons.

Book Information

Series: Harperresource Book

Paperback: 368 pages

Publisher: William Morrow Paperbacks; 1 edition (August 12, 2003)

Language: English

ISBN-10: 0060505311

ISBN-13: 978-0060505318

Product Dimensions: 5.3 x 0.8 x 8 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 13 customer reviews

Best Sellers Rank: #169,443 in Books (See Top 100 in Books) #40 in Books > Sports & Outdoors > Coaching > Baseball #186 in Books > Sports & Outdoors > Miscellaneous > Sports Psychology #596 in Books > Deals in Books

Customer Reviews

Ã¢ "This is really a book for all ages, whether youÃ¢ "re a parent, teacher, counselor, manager, leader, or friend.Ã¢ " (John W. Gardner, author of *Self-Renewal* and *On Leadership*)

Jim Thompson is the founder of Positive Coaching Alliance, a national nonprofit organization based at the Stanford University Department of Athletics. He is the author of *Positive Coaching: Building Character and Self-Esteem Through Sports and Shooting in the Dark: Tales of Coaching and Leadership*. He teaches courses in leadership, coaching, and sports and spirituality at Stanford University.

This is an excellent book for someone drawn to coaching youth in any sport, especially the

volunteer coach. I first read it from my local library and loved the elements of it so well that I bought a copy to keep and mark-up. This book orient a youth coach to what they need to be teaching and expecting of their players. You won't find drills and activities for any specific sport in this book but rather foundational principles of coaching, that is teaching youth how to honor the sport and the game, how to honor the rules and officials, and honoring your opponents and teammates. It shows you how to promote effort risk-taking and mistakes in the learning process, promote striving and improvement and mastery versus promoting outcomes. The first goal is coaching players to be winners, but the second goal, ultimately more important for the vast majority of our youth athletes, is coaching life lessons. If you are a youth coach, director of coaching in a volunteer organization, or the interested parent of a youth athlete, I would encourage you to buy it and read it.

If every parent, coach, and youth sports administrator read and applied half of the principles in this book, youth sports would be transformed into something that builds sport-specific skills, character, and good fun.

Absolutely the best book for any coach of any sport. I searched for this book while I was coaching with someone who was a very negative coach. This encouraged me to counteract her, and it was incredibly successful. Even if you are a veteran coach, you can learn tools and tips for dealing with difficult situations, or fix things that aren't working well for you.

Book goes into more detail about the PCA philosophy. Great for coaches.

Many books on the subject of improving youth sports are written to create awareness of the importance of the subject, but say little of practical value on the way of doing this. Other books treat the 'how' comprehensively but are as dry as fossilized bones. The DGC avoids these two pitfalls admirably. It does a great job of describing and explaining the problems that youth sports programs have in the US (and in many other parts of the World), with such feeling, sensitivity and clarity that one cannot avoid being moved by the arguments. Jim Thompson goes further, though, the DGC translates ideals into practical measures to build exemplary youth sports programs. My organization is currently using the DGC as a blueprint to develop a soccer program in Mexico, and its lessons and arguments are as useful, relevant and potent here as they seem to be in the US, judging by the growth of The Positive Coaching Alliance.

I would put this in my top for coaches. It doesn't go over drills, defense, or offense. It goes over the most important things a coach should know like Honoring the game. Great book for getting the most out of the kids you coach and it will help you to enjoy coaching more too. I coach AAU basketball for the #1 ranked AAU program in America.

I can personally attest to at least 5 goals in one season of U8 soccer that were a DIRECT result of these techniques. This book is not theoretical goppygook, it is real-life usable techniques. Get the book!

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